



Ladders Of Hope Food Pantry

NON-PERISHABLE FOOD ITEMS MOST NEEDED

<ul style="list-style-type: none"> • Canned fruit • Canned vegetables • Canned or dried beans and peas • Canned soup, chili, stew • Hamburger Helper • Macaroni and Cheese • Pasta (boxes or bags) • Rice (boxes or bags) • Low-sugar cereals and oatmeal • Peanut butter and jelly • Canned meats (tuna, chicken, salmon) • Fruit juice (canned, plastic or boxes) • Individually packaged chips/pretzels/Goldfish • Vienna sausages (with pull top lids) • Pop tarts 	<ul style="list-style-type: none"> • Cheese or peanut butter crackers • Beef jerky • Applesauce • Pudding • Fruit cups • Granola bars • Power bars • Cereal bars • Single serving Chef-Boy-R-Dee items • Ravioli/spaghetti-os • Single serving soups (with pull tab openings) • Ramen noodles • Tomato juice • Fruit snacks
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Grocery store gift cards are always welcome!

Last Updated: OCT 1, 2016